

# KONA

## Chocolate Run

November 18, 2018 Plymouth, MI

10K ♦ 5K ♦ Cocoa Mile  
Chocolate Double



Men's Long Sleeve  
Tech Shirt Blue



Women's Long Sleeve  
Tech Shirt Pink

REGISTER AT: [KonaChocolateRun.com](http://KonaChocolateRun.com)

**KONA**  
Running Company



**Guernsey**  
PRODUCE

**Panera**  
BREAD®

CHOCOLATE NORTH BAKING  
**SANDERS**  
fine chocolate  
SINCE 1875

**NOODLES & COMPANY**  
World Kitchen



**Tito's**  
Handmade  
FOODS  
MADE IN TEXAS

**KONA**  
Running Company

REGISTER ONLINE AT: [KonaChocolateRun.com](http://KonaChocolateRun.com)

EMAIL QUESTIONS TO: [alan@KonaRunningCompany.com](mailto:alan@KonaRunningCompany.com)

**MAIL-IN REGISTRATION:** Checks made payable to: Kona Running Company

Complete form below & mail to: Kona Running Company, P.O. BOX 182462, Shelby Twp. MI, 48318

First Name

Last Name

( \_\_\_\_ ) \_\_\_\_ - \_\_\_\_

Phone

Email

Address

City

State

Zip

Circle Tech Shirt Men's: - XXL\* XL L M S XS \*\$2 for XXL

Sex Race Day Age Circle Tech Shirt Women's: - XXL\* XL L M S XS \*\$2 for XXL

Signature Required

**10K Run**

**5K Run/Walk**

**Cocoa Mile**

**Chocolate Double**

\$46 (thru 9/30)

\$44 (thru 9/30)

\$28 (thru 9/30)

\$62 (thru 9/30)

\$47 (10/1 - 11/15)

\$45 (10/1 - 11/15)

\$30 (10/1 - 11/15)

\$64 (10/1 - 11/15)

\$49 (11/17 - 11/18)

\$47 (11/17 - 11/18)

\$32 (11/17 - 11/18)

\$66 (11/17 - 11/18)

"By indicating your acceptance signature, by registering, you understand, agree, warrant and covenant as follows:

I hereby release and hold harmless on behalf of myself, my child, and/or representatives, the city of Plymouth, Kona Running Company Inc., the event Sponsors and organizers from liability for injuries or damages which I or my child may sustain while participating in this activity even if injuries are caused by the sole negligence of the City, Twp., or sponsors or the event organizers. I understand that I am responsible for medical coverage for me and my child."

# KONA



## Chocolate Run

**November 18, 2018 Plymouth, MI**

**10K, 5K, and Cocoa Mile Finisher Medals**

**Long Sleeve Tech Shirt\*:**

Men's Blue Shirt and Women's Pink Shirt

**10K & 5K Pace Groups:** 8 min/mile pace up to  
12 min/mile pace

**Age Group Awards**

**Post Race Chocolate Party:** 2 Large Tents with  
4 buffet lines. Panera Bread providing cups of  
Hot Chocolate and Chocolate Chip Cookies,  
Sanders Chocolate Candy & Guernsey Dairy  
serving Chocolate Milk among other sweet treats!

**Chocolate Double:** Participate in 10K & 5K; must run  
in the 1st Start Wave of 10K & receive a Tech Jacket,  
10K Medal, Double Finisher medal; limited to 550

**Shuttle Buses** from Troy Design and  
Manufacturing (TDM) parking lot

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Shelby Twp. MI, 48318

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